

CASE STUDY

BARROW HILL PRIMARY SCHOOL

ENGAGING THE COMMUNITY THROUGH FOOD FOR LIFE



Since January 2012, Barrow Hill Primary School and Food for Life have been working together to encourage everyone in the school and community to learn more about the food they eat, tracing it from farm to fork. Barrow Hill Primary has fully embraced the Food for Life ethos whilst embedding the programme across the whole school community.

As part of Food for Life, the wider school community have played a big role in helping the school to create growing areas. Children invited parents to help with clearing designated areas and this then developed into a real community event, as people in the village brought their green bins to dispose of the garden waste. Links were also made with people from the local allotments who donated plants to the school. Competitions such as the best 'Food Tub' or 'Food Basket' have also enabled many parents to get involved in Food for Life activities.

As a result of Barrow Hill's involvement with the Food for Life programme both pupils and parents have reported that their knowledge around food has improved. The entire school community has learnt how to grow fruit, vegetables, herbs and plants to attract wildlife. Families have learnt how to grow food in baskets or tubs to show what is possible even without a garden. Families have also become involved in homework activities, such as trying different types of bread, planting seeds and making cake recipes with vegetables.