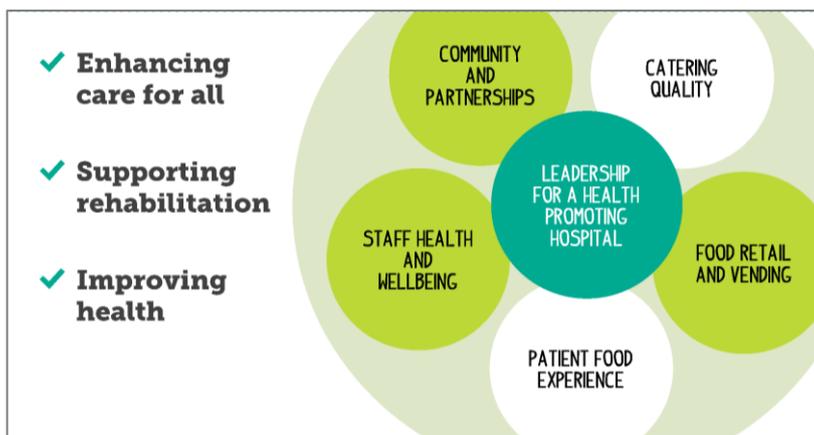


Food for Life Hospital Leaders Circle

Transform food culture in your NHS trust

Food for Life Hospital Leaders are committed to becoming health-promoting settings, improving the food experience of patients, staff and visitors and benefiting the wider community.

Circle members receive intensive support to develop and implement a transformative **food and drink strategy** addressing nutritional care, sustainability and health promotion. Circle membership offers unrivalled opportunities for **'mentoring'**, **further learning** and **networking opportunities**.



This framework was co-developed & piloted with Barts Health NHS Trust, Calderdale & Huddersfield and South Warwickshire NHS Foundation Trusts, with support from the Big Lottery.

“South Warwickshire NHS Foundation Trust’s partnership with Food for Life is helping to transform the hospital food experience for patients, staff and visitors. The Food for Life expert team has helped the Trust engage key staff and develop new approaches around food that we are really proud of. Food for Life is a great forum for sharing and learning from other Health Care Trusts committed to health promotion through food.”

Claire Hinds, Associate Director Support Services, South Warwickshire NHS Trust

Join the Food for Life Hospital Leaders Circle for expert support and best practice sharing with other leading trusts.



What is the Hospital Leaders Circle?

We support Food for Life Hospital Leaders Circle members to develop a whole hospital approach to food that can improve patient care, health promotion and rehabilitation outcomes. Our expert Food for Life team will:

- Support your Trust's ambition to positively transform the food experience for patients, staff and visitors.
- Facilitate multi-disciplinary engagement in developing your statutory Food and Drink Strategy.
- Help your Trust become an exemplar in health promotion in line with the NHS Five Year Forward View.
- Help you engage with catering, retail and vending contractors to raise food standards.
- Pilot new approaches to improving patient experience, like communal dining.
- Provide communications support to raise the profile of this work internally and with key stakeholders.
- Create opportunities to share learning and best practice with other NHS Trusts and collectively influence national policy.
- Give national visibility to the Trust's work in this area.
- Advise on the option of a hospital food CQUIN and the wider business case.



What does Circle membership include?

- ⌘ **Induction pack with comprehensive guidance.**
- ⌘ **Strategic review meetings** with the Trust, CCG, public health and key local partners.
- ⌘ **Review and associated report** against the statutory Food and Drink Strategy requirement.
- ⌘ **Facilitation support and expert input** at Trust-based steering group meetings.
- ⌘ **Expert briefings and action-oriented bulletins** supporting progress against the six Food for Life Hospital Leaders framework areas.
- ⌘ **National seminars** supporting progress and benchmarking with other Trusts for key senior staff.
- ⌘ **Food for Life Catering Mark specialist support.**
- ⌘ **Specialist training workshops** from menu including healthy vending; minimising food waste; food growing; cooking skills for staff, patients and domiciliary care workers.
- ⌘ **Visibility for the Trust's achievements** in local and national media and at a national networking event.
- ⌘ **Progress reports and reviews** for key Trust audiences.



What does Circle membership cost?

Membership is for a minimum of two years and is limited to a maximum of 30 Trusts at any one time, to enable intensive support and effective sharing of leadership practice. A typical package costs £25k per year plus VAT. Funding routes may include the Trust, Public Health and/or local Clinical Commissioning Groups.

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To find out more, visit www.foodforlife.org.uk/hospitals or email Dr Susannah McWilliam, Programme Manager, Food for Life Hospital Leaders, smcwilliam@soilassociation.org.