

Roast Dinner Day

8th November

Roast Dinner Day has been an important date in the school meal calendar for over a decade. It was devised as an annual celebration event for schools to showcase their freshly prepared seasonal and locally sourced roast dinner and invite in their local communities. Perfectly timed as the days turn cooler and autumn arrives.

What's in this resource

Poster – blank poster for caterers and schools to advertise a roast dinner celebration menu in school or online

Poster – blank poster with the date of Roast Dinner Day for you to use

Colouring sheet – younger pupils could draw their favourite roast dinner

Below are some hints and tips for making the most of the day.

Facts about roast dinners

- The name Sunday Roast comes from when the meat was cooked over fire
- Yorkshire puddings were originally served as a first course rather than with the meat and vegetables
- Traditional Sunday Roast is believed to have begun way back in 15th century Britain during the reign of King Henry VII
- With research showing that eating roasts at home is declining it is more important than ever to celebrate Roast Dinner Day
- Yorkshire puddings were invented in the 1700s and any leftovers were served with jam or syrup the next day!

Hints and tips to make the most of Roast Dinner Day

- Advertise well in advance, ask the school to include in parent emails and on the website
- Invite parents in to join pupils for a family style lunch served by teachers
- Teach older pupils how to wait tables and serve meals
- Roast Dinner Day can be used as an opportunity to shout out your local suppliers and producers
- Invite your local care home residents along for a traditional roast dinner
- Join schools around the country and share your meal #RoastDinnerDay
- Ask children to vote for what pudding to serve
- Hold a quiz all about roast dinners, there are some facts to get you started in this resource.

If you want to take advantage of more resources, recipes and support for school meals in your school please get in touch with our team at sustainablecatering@foodforlife.org.uk

Monday 30th October - Friday 24th November

fflgettogether.org/cookandshare | [X @SAfoodforlife](https://www.instagram.com/SAfoodforlife)



Today's Menu:

**Roast Dinner Day
Wednesday 8th November**

Find out what's going on and share your roast dinner activities: www.foodforlife.org.uk/schools/roast-dinner-day  [#RoastDinnerDay](https://twitter.com/RoastDinnerDay)



TODAY'S MENU:

**ROAST DINNER DAY
WEDNESDAY 8TH NOVEMBER**

Find out what's going on and share your roast dinner activities:

www.foodforlife.org.uk/schools/roast-dinner-day

 [#RoastDinnerDay](https://twitter.com/RoastDinnerDay)



My Roast Dinner Day



Name:

Find out what's going on and share your roast dinner activities:

www.foodforlife.org.uk/schools/roast-dinner-day  #RoastDinnerDay @SAfoodforlife

