

# Food For Life Leicestershire

June 2023 – May 2024

Food for Life Leicestershire has been commissioned by Leicestershire County Council's Public Health team, working with schools enrolled with Food for Life to champion healthy and sustainable food.

## Schools taking part in the Food for Life awards programme

205

schools working towards their Food for Life Award

16

16 schools achieved a Food for Life Foundation Award

8

8 schools renewed their Food for Life Bronze Award

6

6 schools achieved a Food for Life Bronze Award

400

Food for Life Award criteria achieved

73,516

children benefitting from enhanced food education in their school

17

schools achieved criteria B3.2 and B4.1

**B3.2** *Our pupils have the opportunity to grow and harvest food and make compost and this is linked to wider learning*

**B4.1** *We make efforts to actively engage parents and/or the wider community in our growing and cooking activities*



“

As a result we are going to change the way that we approach food tasting – get children to cut, talk about textures and different varieties of the same food. ”

Attendee of Sensory Food Education Training, 2024



**97%** of training participants reported an increase in skills, knowledge and confidence

- 4** Caterers and
- 2** in-house cooks received one-to-one support to make their school meals healthier and more sustainable

“

Great communication from course leaders and talking to other attendees was very useful and beneficial ”

Attendee of Growing Training, Feb '24

- 2** month-long national Food for Life campaigns 'Cook and Share' and 'Plant and Share' promoted across Leicestershire

“

I can now run a gardening club in school with better knowledge of what to grow, when and how. ”

Attendee of Growing Training, Feb '24

- 7** Termly Toolkit emails (helpful guides to support schools achieve their award) were sent to each enrolled school with an average open rate of **32%** and an average click rate of **6%**



- 10** Plant and Share events and
- 4** Cook and Share events held by communities, families and organisations in Leicestershire

- 10** face-to-face training sessions held for **104** staff

To find out more about Food for Life Leicestershire contact  
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