

Food For Life West Northamptonshire

May 2023 – July 2024

Food for Life West Northamptonshire is a three-year programme commissioned by West Northamptonshire Council. The programme supports schools and early years settings to embed a whole school approach to food, championing healthy and sustainable food.

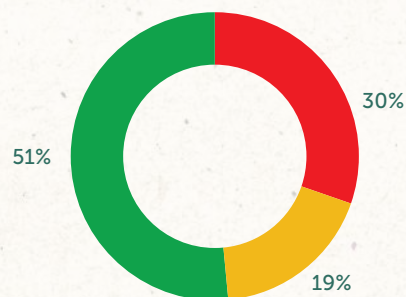
Location of enrolled schools and early years settings



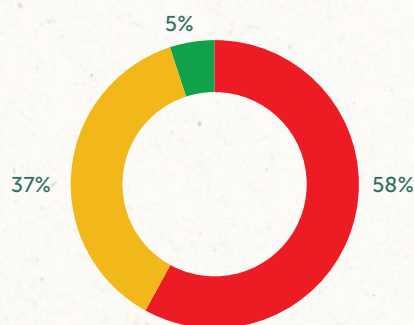
Working in areas of higher deprivation ensures that settings with greater need can still access a good food education. This aligns with West Northamptonshire Public Health's 'live your best life' strategy.

Index of Multiple Deprivation (IMD) Groups

Distribution of IMD ranking in West Northamptonshire population



Distribution of IMD ranking in West Northamptonshire schools enrolled in Food for Life



- High deprivation (deciles 1 - 3)
- Middle deprivation (deciles 4 - 7)
- Low deprivation (deciles 8 - 10)

Food For Life West Northamptonshire in numbers

15

enrolled schools
12 primary and 3 SEN

4

enrolled early
years settings

103

pupils have told Food
for Life how they feel
about their school food

4,250

children benefitting
from enhanced food
education in their school

20

people supported through training sessions
*100% of participants agreed they could now lead relevant
food-related activities*



Building a cohort of teaching professionals across West Northamptonshire who understand the whole school approach to food and know how to share their knowledge of healthy and sustainable food and practice is vital in changing school food culture across the area.

“

[We have been] truly inspired by the Food for Life programme through liaising with other schools, training and great ideas and support from Jo... We are seeing children taking their inspiration home with them and promoting sustainability, recycling and growing at home, which is fantastic!

”

Gemma Smith, Food for Life Lead at Cedar Road Primary School

100%

of catering network attendees agreed they now understand the catering support available from Food for Life, including why it's important to serve freshly prepared food

2

school and early years networks created to share learnings and build a community of good practice

To find out more about Food for Life West Northamptonshire contact Joanne Plater, Local Programme Manager.
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