

Food For Life Lancashire

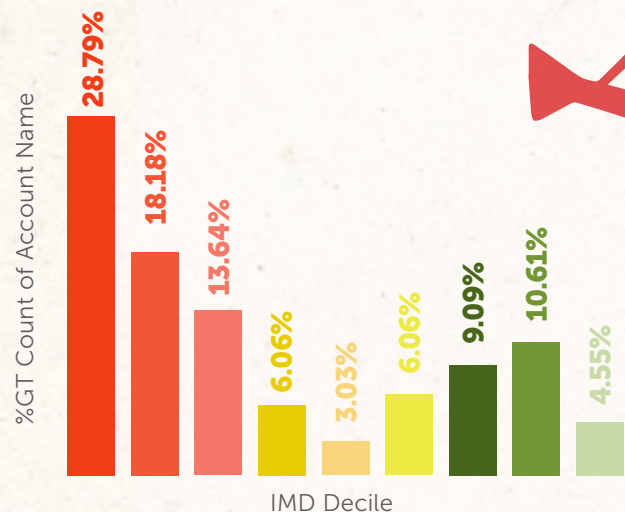


May 2023 – July 2024

Food for Life Lancashire is a two-year programme commissioned by Lancashire County Council that works with primary schools and early years settings to champion healthy and sustainable food, contributing to reducing childhood obesity and health inequalities.



All Enrolled Postcode and IMD Decile



Food for Life Lancashire in numbers

59 primary schools enrolled

9 early years settings enrolled



1 primary school achieved a Food for Life Bronze Award



12 primary schools achieved a Food for Life Foundation Award

601 award criteria achieved

150

children have completed post-lunch surveys, ensuring their voices are heard

45

teaching staff have attended face-to-face training days

8

best practice criteria achieved by 6 different primary schools

14,000

children set to benefit from enhanced food education in their schools

4

specialist training days planned for autumn and winter 2024/25, including sessions on how to use farms as a learning resource, how to plan for growing, and reducing ultra-processed foods within settings.

Food for Life supports schools and early years settings in Lancashire to embed a whole school approach to food, meaning food education is present from canteen to classroom and children are learning where food comes from.

“

Our 'Get Your Grownups Growing' activity provided every family within our school a coriander growing kit along with a recipe idea they could follow. This allowed us to include every family within the school. ”

Cottam Primary School,
Preston

“

The Lunchtime heroes designed and developed the allotment area, encouraging all pupils to enjoy the space, sow seeds and see the vegetables and herbs grow, and ensure produce goes to the school kitchen. ”

Walverden Primary
school, Pendle

“

[We've been] growing our own vegetables, visiting farms to see how we care for the animals that provide the food for us and also going to a dairy so that the children could learn about milking. ”

Rainbow Wood Day
Nursery

To find out more about Food for Life Lancashire please contact your Food for Life team

e: FFLLancashire@soilassociation.org t: 07506938725

foodforlife.org.uk

[f](#) [in](#) [X](#) [@SAFoodforLife](#)

Soil Association, Food for Life, Spear House, 51 Victoria Street, Bristol BS1 6AD

